

January 3, 2005

Dear Preschool Parents,

Enclosed please find a copy of the Preschool Skills List.

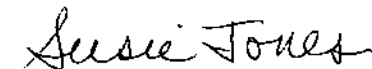
Periodically throughout the year the children are/will be tested to see where they lie within the age range of development. The Preschool Skills List is a recommendation of the appropriate ages and stages when children should be starting to do the listed tasks. These areas are guidelines we also use in planning the curriculum. Through use of different teaching styles, media, materials and curriculum, we are able to incorporate all of the skills your child will need to become ready for school.

Often it may seem to appear to you that we have accomplished nothing in a day. However the daily schedule is an important and vital part of your child's way of gaining information on how to do particular tasks. While it looks like nothing to you, it is indeed a very important part of their learning process. It is not necessarily the final outcome that is important but the process they underwent in order to achieve the end product. This applies even to center time. The concepts are reinforced throughout the curriculum and the eleven learning centers, as well as group time and art projects. The Preschool program is primarily Bible stories supported by secular themes that enrich the particular story for the week. For example we may be talking about Noah's Ark but a unit on weather, ocean life and animal families may also be included. This allows your children to receive holistic training. In addition we offer a program which is enriched with literary based materials that support all that we teach.

Each week you will receive a block plan outlining the week's activities. This will provide you with the theme for the week and the names of the activities, that will be used to teach the various skills mentioned on the Preschool Skills List. The specific skill itself will not be mentioned, as that is unnecessary. Several of the activities, in fact, will target more than one skill at a time. The Block Plan is a guide for you to follow along with. It is merely a list of the activities being done. The monthly newsletter (David's Dribble Drabble) will provide more specific information about the topics. The Preschool Skills List is for you to become aware of as far as the goals we are trying to achieve. It is a guide to encourage you on your child's development and assist in pinpointing any problems early on. It is a tool to help those of you that want to extend their learning time at home too.

If you have any questions please feel free to call me.

Sincerely,



Susie Jones, Director

PRESCHOOL SKILLS LIST

Gross Motor

(36 months) (3 years)

- ◊ Walks on a line
- ◊ Walks on tiptoes
- ◊ Jumps from 8" high object
- ◊ Standing broad jump, 8 1/2"
- ◊ Throws ball overhand 5'
- ◊ Catches ball with extended stiff arms
- ◊ Walks up stairs with alternating feet
- ◊ Carries a tray
- ◊ Pedals tricycle around wide corners

(48 months) (4 years)

- ◊ Carries a cup of water
- ◊ Walks in a circular line
- ◊ Balances on one foot and then another
- ◊ Hops on one foot
- ◊ Jumps in place on two feet
- ◊ Walks heel to toe
- ◊ Skips on one foot (galops) forward
- ◊ Throws a ball overhand 10 feet
- ◊ Catches ball with arms bent at elbow
- ◊ Climb ladders of playground equipment
- ◊ Running broad jump

(54 months) (4 years, 6 months)

- ◊ Hangs from bar
- ◊ Catches bounced ball
- ◊ Marches rhythmically to music
- ◊ Stands on tiptoes with hands on hips
- ◊ Touches toes with both hands
- ◊ Stands on one foot with arms folded across chest
- ◊ Stands on each foot alternately

(60 months) (5 years)

- ◊ Swings each leg separately back and forth
- ◊ Completes two part action: hop forward, walk backwards, etc.
- ◊ Hops on one foot, at least four times
- ◊ Skips by alternately hopping in a continuous movement
- ◊ Tosses bean bag or ball with accuracy
- ◊ Walks up and kicks ball
- ◊ Walks backwards heel to toe
- ◊ Runs 35 yard dash

(72 months)

- ◊ Carries a 10 lb. sack
- ◊ Stands on each foot alternately with eyes closed
- ◊ Jumps and turns
- ◊ Bounces ball with one hand and catches with the other
- ◊ Catches ball with one hand
- ◊ Jumps rope
- ◊ Pulls up and hold chin above overhead bar

Fine Motor

(48 months)

- ◊ Traces a circle
- ◊ Places small objects into bottle

(54 months)

- ◊ Completes puzzle
- ◊ Puts paper clips on paper
- ◊ Cuts shapes without patterns
- ◊ Displays correct use of scissors
- ◊ Manipulates a geoboard with accuracy
- ◊ Matches alphabetical symbols with words
- ◊ Matches simple rhyming words
- ◊ Threads small beads or spools with string
- ◊ Turns pages of a book gently one at a time
- ◊ Uses utensils properly when eating
- ◊ Scrapes carrot with a carrot peeler
- ◊ Cuts out magazine picture

(60 months)

- ◊ Crumples tissue paper in a ball with one hand
- ◊ Cuts square with scissors

Pre-Writing

(36 months)

- ◊ Imitates H stroke
- ◊ Copies circle
- ◊ Imitates cross
- ◊ Copies V
- ◊ Copies H
- ◊ Copies T
- ◊ Finger paints using fingers and whole hand
- ◊ Paints unrecognizable picture
- ◊ Traces diamond shape pathways

(48 months)

- ◊ Holds paper in place with other hand while writing
- ◊ Finger paints using finger, hands, and arms
- ◊ Holds paint brush with thumb and fingers instead of a fist

- ◇ Draws a person with at least two body parts

(54 months)

- ◇ Copies simple word
- ◇ Paints recognizable picture

(60 months)

- ◇ Copies triangle
- ◇ Draws simple house
- ◇ Draws recognizable person with 6-7 distinct body parts
- ◇ Copies first name
- ◇ Copies rectangles
- ◇ Prints first name
- ◇ Writes numerals 1-9
- ◇ Copies diamond
- ◇ Prints first and last name

Cognitive

(36 months)

- ◇ Sorts cubes of two different colors
- ◇ Repeat three digits
- ◇ Counts by rote to three
- ◇ Gives two objects
- ◇ Points to BIG object
- ◇ Points to SMALL object
- ◇ Gives both objects
- ◇ Points to different objects
- ◇ Points to small square
- ◇ Matches two colors
- ◇ Counts three colors
- ◇ Points to small square
- ◇ Place rings on stack toy according to size
- ◇ Points to LONG object
- ◇ Names familiar melody
- ◇ Classifies picture by pointing
- ◇ Matches sets of cubes
- ◇ Speaks and names two to fifteen objects and familiar people and pets
- ◇ Names three familiar pictures in a picture book
- ◇ Points to parts of a doll or body and identifies
- ◇ Groups similar objects
- ◇ Is aware of "one more" or knows "how many" two is

(48 months)

- ◇ Points to rough and smooth texture
- ◇ Points to pictures of TALL objects
- ◇ Matches four colors

(Continued on page 4)

- ◊ Gives heavy objects
- ◊ Matches related pictures
- ◊ Counts by rote to ten
- ◊ Names missing object
- ◊ Repeats four digits
- ◊ Points to penny nickel, dime
- ◊ Points to pictures of daytime and nighttime
- ◊ Points to circle

(54 months)

- ◊ Counts four objects
- ◊ Points to triangle
- ◊ Gives first and last name when asked
- ◊ Matches simple rhyming words when asked
- ◊ Orders objects by smallest to longest, and shortest to tallest
- ◊ Recognizes first name when letters are in random order
- ◊ Recognizes shades and tints of color
- ◊ Recognizes triangle, diamond, cone
- ◊ Remembers an object when it is removed from a group of 3-5 objects
- ◊ Retells story using puppets or through role playing
- ◊ Selects the smaller, longer etc. object from series
- ◊ Sings short song

(60 months)

- ◊ Imitates tapping pattern
- ◊ Points to sets with more
- ◊ Points to picture of first in line
- ◊ Matches numerals 1-10
- ◊ Points to sets with less
- ◊ Names and tells use for clock
- ◊ Points to a \$1 bill
- ◊ Points to a picture of a last in line
- ◊ Tell number of pennies in a nickel
- ◊ Points to middle object
- ◊ Counts by rote to twenty
- ◊ Verbalizes understanding of bigger
- ◊ Arranges shapes in order from smallest to largest
- ◊ Describes the weather
- ◊ Names numerals 11-19
- ◊ Points to a \$5 bill
- ◊ Tells number of halves in a whole
- ◊ Counts thirteen objects
- ◊ Tells numbers that follow 8, 3, 6, 9
- ◊ Names and tells use of a calendar
- ◊ Draws a human figure with head, body, arms, and legs
- ◊ Fills in eyes, mouth, hands, and feet
- ◊ Knows seasons of the year and how they relate to events

- ◊ Prints first name when requested
- ◊ Recites phone number correctly
- ◊ Recognizes color of the week
- ◊ Recognizes letters of the week
- ◊ Recognizes own printed name
- ◊ Recognizes shape of the week
- ◊ Tells street name and address correctly
- ◊ Verbalizes understanding of morning versus afternoon

(72 months)

- ◊ Names four coins
- ◊ Dials a written telephone number
- ◊ Counts by rote to 30
- ◊ Counts twenty objects
- ◊ Tells time on the hour
- ◊ Tells number of pennies in a dime
- ◊ Arranges picture story in sequential order
- ◊ Tells correct number of fingers in each hand and together
- ◊ Names the seven days of the week
- ◊ Tells name of 26 capital letters

Language

(36 months)

- ◊ Names preferred object
- ◊ Names three pictures of common actions
- ◊ Uses personal pronouns – I, you, me
- ◊ Speaks intelligibly
- ◊ Talks on phone
- ◊ Uses words to express wants
- ◊ Names 10 pictures of common objects
- ◊ Responds to how and where questions
- ◊ Delivers one part verbal message

(48 months)

- ◊ Pantomimes definition of words
- ◊ Discriminate is and is not pointing to objects
- ◊ Tells use of object
- ◊ Answers three questions regarding physical needs
- ◊ Knows age and birthday information
- ◊ Makes up stories and can tell another person
- ◊ Recites letters of the alphabet
- ◊ Retells a story accurately with the correct sequence of events
- ◊ Tells experiences using connected sentences that complete a thought
- ◊ Uses puppets or props to tell a story
- ◊ Uses rhyming words

(54 months)

- ◊ Tells opposites

- ◊ Uses compound sentences
- (60 months)**
- ◊ Points to eight body parts
- ◊ Follows three step directions in proper sequence

Self Help

(36 months)

- ◊ Pours from a pitcher
- ◊ Removes pull down garment
- ◊ Unbuttons front buttons
- ◊ Puts on shoes
- ◊ Snaps front snaps
- ◊ Uses drinking fountain
- ◊ Washes and dries hands
- ◊ Flushes toilet after toileting

(48 months)

- ◊ Places paper towels in basket after use
- ◊ Puts on socks
- ◊ Serves food to self
- ◊ Prepares bowl of cereal
- ◊ Laces shoes
- ◊ Washes and dries face

(54 months)

- ◊ Zips separating front zipper
- ◊ Uses napkin
- ◊ Blows nose
- ◊ Spreads food with table knife

(60 months)

- ◊ Prepares sandwich
- ◊ Ties shoe laces
- ◊ Brushes or combs hair

Personal /Social

(36 months)

- ◊ Takes turns
- ◊ Listens attentively to story
- ◊ Expresses displeasure verbally rather than physically
- ◊ Separates from parent easily
- ◊ Points to self in group photograph
- ◊ Performs for others
- ◊ Plays with other children
- ◊ Asks permission to use items belonging to other people

(48 months)

- ◊ Puts toys away without supervision
- ◊ Plays cooperatively with other children Participates in dramatic play

- ◇ Asks permission to use items belonging to other people

(48 months)

- ◇ Puts toys away without supervision
- ◇ Plays cooperatively with other children
- ◇ Participates in dramatic play
- ◇ Says please with request
- ◇ Tells age Tells name of siblings

(54 months)

- ◇ Tells street name and address
- ◇ Says excuse me when interrupting or disturbing others

(60 months)

- ◇ Chooses own friends
- ◇ Plays competitive games
- ◇ Names two emotions
- ◇ Tells birthday
- ◇ Helps adults with simple tasks
- ◇ Plays simple competitive games.
- ◇ Tells complete address
- ◇ Works in small groups